

www.bamberg.army.mil / Fri. Oct 13, 2006 / VOL. 1, Issue 6

Official Announcements

Thur. Oct 19 – Video Tape Your Holiday Greeting at the Bamberg PX

The Hometown Holiday news service will have a camera crew in Bamberg and Schweinfurt to record holiday greetings for broadcast on local stateside television and radio stations. The crew is scheduled to appear in:

Schweinfurt—Wed. Oct 18—outside the PX from 7:30 a.m. to 4:30 p.m. (rain location is in the foyer)

Bamberg—Thur. Oct 19—outside the PX from 7:30 a.m. to 4:30 p.m. (rain location inside the Christmas Store)

Messages will be aired on local network television stations nation-wide. This program is also open to DoD civilians.



Some tips to keep in mind when preparing your greeting.

- Military members <u>MUST BE IN UNIFORM.</u> If a military spouse is deployed family members can still tape a greeting. It is recommended that Civilian not wear white, pink or stripe-colored shirts to the tapings.
- Greeting should be no longer than 15 seconds.
- Participants need to state five things within the greeting: who they are, where they are, who the greeting is going to, where they are and a holiday message.
- Do not mention any one specific Holiday in your greeting, so the spot can be aired for a longer period of time.
- The greeting must be to a relative, and you must bring an address (including zip codes) and phone number of the person. The address determines where in the U.S. the greeting will air. If you have friends and family in the same location you can mention your friends. The more information people provide to the hometown news crew the better the chance the greeting will air.
- You will have to fill out a release form.

These really do air – so take advantage of this opportunity to wish your family and loved ones a safe and Happy Holiday season.

Sat. Oct. 14—Celebrate Hispanic Heritage Month with a Latin Fiesta and Salsa Night

Attend a Latin fiesta food sampling at the Warner Club Sat. Oct. 14 from 2 to 4 p.m. Enjoy a dance performance, displays, games and a "Who am I" presentation. The event is family-oriented and free of charge. Take part in Salsa Night the same day at the Warner Club from 7 to 8 p.m. and learn how to dance salsa at no cost. For more information, call SFC Freeman at 469-8624 or 0951-300-8624.

Tue. Oct 17— October is National Disabilities Employment Awareness Month

USAG Bamberg Recognizes National Disability Employment Awareness Month on Tue. Oct 17 at the Bamberg Community Library from 11a.m. to noon. Stop by to view a display and browse through the educational materials regarding the CAP Program available to workers with disabilities within the Federal Government. Read more about the Computer/ Electronic Accommodations Program (CAP) at http://www.tricare.osd.mil/cap/ "Americans with Disabilities: Ready for the Global Workforce".

Thur. Oct 19 - Open Season Briefing: A Closer Look at Your Insurance Needs

AF employees are invited to attend a briefing on Thur. Oct 19 at the ReelTime Theater at 1 p.m. Representatives from the American Foreign Service Protective Association, sponsor of the Foreign Service Benefit Plan will discuss important insurance issues such as Long Term Care & Dental Insurance. For more information contact afspa@afspa.org or go to www.afspa.org

Community Closures / Changes

Effective Immediately: Gates 5 Expands Hours

Due to community response, Warner Barracks Gate 5 will expand their hours of operation. The new outbound operating hours for Gate 5 will be Monday through Saturday from 6 a.m. to 10 p.m. and Sunday from 6 a.m. to 6 p.m. Gate 1 will remain open for inbound traffic from 6 a.m. to 9 a.m. and outbound from 9 a.m. to 6 p.m. during the work week. Nothing else will change with any other of Bamberg's Gates.

Thur. Oct 19 - CLOSURE ID Card & Passport Office

The ID Card & Passport Office located on the 1st floor of the ACS Bldg. will be closed for employee training on Thur. Oct 19. We will reopen on Fri. Oct 20.

Oct. 25 - 27 - CLOSURE NAF CPAC Office

We're Moving! NAF CPAC will be closed Oct. 25-27 while relocating their offices from Bldg. 7089 to Bldg. 7107 (the building to the left of Gate 1)

Thur. Oct 26

Community Resource Forum

All community members are encouraged to attend the next Community Resource Forum on Thur. Oct 26 at 8:30 a.m. at the Birchview Bowling Center. All handouts must be submitted by Oct. 20. If you would like to brief a topic, please contact Kimberly Millner at 469-7777 or stop by her office located on the 2nd floor of the ACS bldg. 7029. Next months CRF will be held on Thur. Nov. 30.

Weekly Reminders!

2006 Holiday mailing Deadlines Europe to CONUS

Don't Get Left in the Cold. Mail Early! To ensure your packages sent to the United States are delivered before Christmas, mail them no later than the dates listed below.



SAM Parcels	Mon. Nov 20
PAL Parcels	Mon. Dec 4
Priority Parcels	Mon. Dec 11
First Class Letters	Mon. Dec 11
Express Mail	Mon. Dec 18

Halloween Happenings!



Tue. Oct. 24 - Pumpkin Carving Party

Join the library's second annual pumpkin carving party on Tuesday, October 24 at 6 p.m. Pumpkins will be provided, please bring your own carving tools. For more information call the Bamberg Community Library at 469-1740.

Mon. Oct 30 - Harry Potter Costume Contest

Children and adults are invited to enter the Harry Potter Costume Contest at Bamberg's Community Library, recently awarded "Best Library Program 2006!" All Harries, Hermiones, Draco Malfoys and Dumbledores are invited Monday, October 30 at 5 p.m., Bldg. 7047. For more information call the Bamberg Community Library at 0951-3001740 or 469-1740.

Sun. Oct 29 – Moonlight Halloween Bowl at the Birchview Bowling Center

A Moonlight Halloween Bowl will take place on Sun. Oct 29 at the newly renovated Bamberg Bowling Center. Stop by for some tricks and treats starting at 5 p.m. Kids that show up in costume will receive a coupon for 1 hour of free bowling and shoe rental good for the child + 7 friends! Cosmic bowling will be available.



Fri. Oct 27 & Sat. Oct 28

Looking for a place to stay this Halloween? Check-in to the Warner Barracks Haunted Hotel sponsored by the 173rd Special Troops Battalion FRG and BOSS. The Haunted Hotel will be open for business on Fri. Oct 27 and Sat. Oct 28 from 6 to 11 p.m. at Bldg. 7001 (the corner of 16th St. and ZollnerStr. Just south of the flower shop, look for signs and balloons) General admission is \$4 or \$3 in the Spook-Free zone for toddlers. You can check-in, but you may not check-out! A concession stand filled with ghoulish goodies will be available. For more information about this community event contact CPT Davis at DSN:469-8663. All children must be accompanied by an Adult.

Tue. Oct 31- Trick or Treating Hours

The trick or treating hours for U.S. Army Garrison Bamberg Warner Barracks will be on Tuesday, Oct. 31 from 6 to 8 p.m.

Halloween Yard of the Month Contest

All Base residents can compete in the Halloween Yard of the Month contest. Yards, Balconies and Stairwells will be judged. Be spooky and creative! Participants must register through the Housing Zone Coordinator SFC James Polk at DSN:469-1560 or mobile at 0162-271-1344. Registration is open now through Oct 25. Win an AAFES Gift Card, MWR Coupons, a sign of recognition and more! Judging will be Oct 25 through Oct 30.

Never let your children trick or treat alone. Especially under the age of 12. Check back next week for a list of Halloween Safety tips!

Outside the Gate!

Sun. Oct 15 – German Stores are open this SUNDAY! You can do more than window shop this Sunday! Sunday, Oct. 15 all stores in the Altstadt or Old City of Bamberg will be open from 1 to 6 p.m. Shop til you drop on this special day which happens only twice a year!

Oct. 13 – 29 – Herbstplärrer (Fall Fair in Bamberg)

The Bamberg Fair grounds located on Berliner Ring next to the U.S. Army Airfield (by the Park & Ride) will be open daily for the Herbstplärrer, Fri. Oct 13 through Oct. 29. The Fairgrounds are open 3 p.m. to 10 p.m. Wednesday is Family Discount Day from 3 to 6 p.m. and all rides are half-price. There is no fee to enter.

Ansbach Holiday Bazaar

The Ansbach Spouses' and Civilians' Club is hosting a Holiday Bazaar on Oct 20, 21, 22. The Bazaar will feature items from vendors all across Europe. Start your holiday shopping early and head to Hanger #4, Bldg. 5801 on Katterbach Kaserne. Opening hours are Fri. Oct 20 from 4 to 8 p.m., Sat. Oct 21 from 11 a.m. to 7 p.m. and Sun. Oct 22 from 11:30 a.m. to 4 p.m.

Take the Train to the Fall Fests

Our tip for travelers with time is the The "Schönes-Wochenende-Ticket" (special weekend train ticket) from the Deutschen Bahn. With this ticket, five adults (or parents/grandparents with an unlimited number of their own children under 15 years) can travel on a Saturday or Sunday until 3 am the next day wherever they want (in the second class) for just 28 Euro. This ticket is valid for all regional trains (=S, RB, RE) and the S-Bahn. The special ticket does not include transport on ICE trains.

Another special offer from the Deutsche Bahn is the "Bayern-Ticket". This ticket is valid for five adults (or parents/ grand-parents with an unlimited number of their own children under 15 years) for all regional trains (=S, RB, RE) in the second class within Bavaria and the MVV train network. The ticket costs 25 Euro if you buy online or at the ticket machines located in the train station and 27 Euro if you buy from the Reisezentrum or a ticket agent. It is valid for one weekday (Monday – Friday) for travel between 9 a.m. and 3 a.m. on the following day.

Continuing Education

Mon. October 16—ACAP Resume Writing Lab

Get the instruction you need to begin writing your resume at the Bamberg ACAP Resume Writing Lab on Mon. Oct 16 from 1 to 3:30 p.m. in Preston Hall Bldg 7080. Attendees should have already completed a 2-day Transitional Assistance Program (DOL/ TAP) workshop prior to the Resume Writing Lab. Please bring your VMET, TAP Workbook, Pencils, and Paper. Call your Bamberg ACAP Office to make an appointment at 469-8925 or 0951-300-8925.

Oct. 16 - Nov. 15-Attend next FAST Class

Need to improve your GT Score? Sign up for the next FAST class. Class will be held Oct. 16 through Nov. 15, Mon, Tue. Wed. and Friday from 8 a.m. to noon. All interested students MUST stop by the Bamberg Education Center and pick up a memo for your Commander to sign. Soldiers must take the TABE 7D prior to enrollment. For more information please contact the Bamberg Education Center at 469-7715.

Financial Aid is Available

Looking for Financial Aid to help meet your continuing education goals? There are a variety of sources that can provide financial assistance for Soldiers, spouses and veterans. The AER Spouse Education Assistance pays up to 50% of tuition,

maximum \$400 per term. Applications for Term 3 are due Monday, Dec. 11. Don't delay. Find out today if you qualify by calling an Education Counselor at 469-7715.

Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. Digital Training Facilities provide Soldiers with a loca-



tion to access web based, job related, and professional courses away from the workplace and distractions of the home. We have 3 classrooms and each classroom has 17 workstations (16 student workstations and 1 instructor's workstation) -- In total, we have 51 workstations. Classrooms are linked worldwide via VTT (video teletraining). Services are available for individual self-development (walk-ins). Stop in to check e-mail, use free internet, take distance learning classes, job search or study. Contact your Bamberg Digital Training Facility (DTF) Bldg 7055, 469-8118 or 0951-300-8118 or e-mail lilian.benitez@dls.army.mil. The Bamberg facility is open Monday through Friday 8 a.m. to 4 p.m.

Hobbies and Crafts

Wed. Oct 18 - Framing Special

Bring your own picture and frame it at the Bamberg Community Activity Center's Wood Shop. Learn from the expert, Tom Stenson, how to make a great frame from start to finish. The course is limited to 8 students and takes place October 18 and 19, from 4 to 6 p.m. please sign up at the CAC not later then October 17. Course fee is \$20 (materials are not included). Call the CAC at 0951-300-8659 or e-mail Tom.Stenson@us.army.mil

Early Christmas Photo Special

Get your holiday photos taken early and receive great savings! Portraits taken and purchased in October are offered with savings between \$20 and \$45; 3 different packages are available. Schedule an appointment with photographer Shannon Lankford today by calling 0951-300-8659 or 469-8659.

Kids & Teens

Sat. Oct 28—Saturday Skate Night at the Roller Realm

Come to the Roller Realm and have fun at Skate Night on Sat. Oct. 28. From 3-7 p.m. skating is open to the whole community, 7-10 p.m. for CYS registered youths grades 6-12 only. Admission is \$4, skates can be rented for \$1. Wear orange and get a dollar off admission! For more details call 0951-300-7452 or 469-7452.

Bamberg Aqua Barons looking for swimmers!

Travel, make friends and have fun by joining the Bamberg Aqua Barons Swim Team. For more Information and to register call Stephanie at 0951-209-0367 Volunteer coaches are needed!

Club offers ballet classes to adults and children

Bamberg Performing Arts Club (BPAC), a private organization, offers ballet classes for adults and children (ages 4 and up) at the elementary school. BPAC's goal is to perform. Classes are available for beginner, intermediate and advanced dancers. Cost is \$25 per month. Class schedules: Mon from 4-5 p.m. for third to sixth graders, Tue from 4-5 p.m. for 1st and 2nd graders and 5-6 p.m. for teens, Wed from 4-5 p.m. for four and five year olds and Mon and Wed from 5-6:30 p.m. for intermediate and advanced dancers (Cost is \$45 per month). Please escort children to class and pick up a sign up sheet from the instructors. To purchase ballet supplies, call Rhonda Roush at 0951-297-5135.

Bamberg Elementary

Wed. Oct 25 - BES PTA Members Only Meeting

Join the Bamberg Elementary School Parent-Teacher-Association (PTA). Register by Oct. 23 and attend the next Members Only meeting on Wed. Oct 25 at 6 p.m. with guest speaker Bamberg Garrison Commander, LTC Mark Gatto. General Membership meetings are held the last Wednesday of every month at 6 p.m. at the BES gym. Mark these dates on your calendar, and get involved! For more information about the PTA contact us at bes.pta@eu.dodea.edu. The next meeting will take place on November 29.

Bamberg Elementary School Calendar

Monday, Oct. 23 School Picture Re -Takes

Friday, Nov. 3 No School

Nov. 8-9 No School due to

Parent Teacher Conferences

Bamberg Middle / High School

Middle / High School Calendar

Friday, November 3 No School—Teacher Work Day

Thursday, November 9 No School due to

Parent Teacher Conferences

Football



October 13 - Bamberg vs. Hohenfels

The Bamberg Barons face the Hohenfels Tigers on Fri. Oct 13 at the Stadion. Game starts at 7 p.m. Go Barons!

Tennis

Sat. October 21 - Home Tennis Match

Run Your Own Life. Don't Let Drugs Run You!

Wear red to show your support of Red Ribbon Week Oct. 23-27.

This years campaign focuses on creating a drug-free community. Bamberg High School students will present digital video productions on the effects of drug abuse at a school assembly Oct. 27 at 1:30

p.m. During the assembly, motivational speaker, Bob Mortimer, will address his personal struggles with drug abuse and how he overcame challenges. Mortimer will also speak at the Protestant service at the Chapel Oct. 22 at 11 a.m. Soldiers with 173rd Special Troops Battalion will have the chance to hear Mortimer's story at the Reel Time Theater Oct. 27 at 10 am. For more information on Red Ribbon Week events, call Linda Riddle, BHS Adolescent Substance Abuse Counseling Service (ASACS) counselor at 0951-303-103 or Chaplain (LTC) Tom Wild at 469-8853 or 0951-300-8853.

Job Corner

Bamberg American Red Cross needs Field Office Assistant

The Bamberg American Red Cross is seeking a self motivated individual to provide emergency communications and casework services to members of the military and their families. Duties also include scheduling and registration of volunteers, preparing correspondence, reports, vouchers, entering data into system.

Applicants must have an Associate degree in social or health sciences, personnel administration, community organization, business or public administration or equivalent education or work experience. Minimum of two years administrative experience desired. Knowledge of casework, counseling or social work preferred. Experience with ARC programs and services are desired. Strong computer skills to include use of Internet, word-processing, database and/or spreadsheet programs. Operational flexibility is required to meet sudden, unpredictable needs.

Applications may be picked up and dropped off with resumes at the Bamberg Red Cross Office located in the ACS Bldg. 7029. For more information contact the Red Cross at 469-1760.

Freedom Fitness Facility Class Schedule (updated July 02, 06)

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	10:00 a.m.	Body Workout with Kathrin	Cardio Kickboxing with Heather		PUMP! with Kathrin
	5:30 p.m.	Beginner Tae Kwon Do with Ranier Gel		Beginner Tae Kwon Do with Ranier Gel	
	6–8 p.m.		Mixed Martial Arts Class with George & Joe		Mixed Martial Arts Class with George & Joe
			Boxing Training with SSG Perez		Boxing Training with SSG Perez
	7:30 p.m.	Advanced Tae Kwon Do with Ranier Gel		Advanced Tae Kwon Do with Ranier Gel	
•	8–9 p.m.	Boxing Training with SSG Perez		Boxing Training with SSG Perez	

Body Workout: A very motivated and energetic instructor will give you an aerobic workout you will not forget.

<u>CardioKickbox:</u> Get an awesome lower and upper body workout integrating boxing and kicking moves.

Mixed Martial Arts: Learn different techniques from Martial Arts, Jiu Jitsu, Grappling, Boxing, Muay Thai to close the distance, gain dominant positions and finish the fight. Open to all

<u>PUMP:</u> This wonderful aerobics class takes you all the way with dumbell muscle training.

<u>Tae Kwon Do</u>: Begin with the basics and progress to the advanced phases of this ancient form of martial arts.

Health and Fitness

October is Breast Cancer Awareness Month

Early Detection saves lives. All women age 40-50 should have a mammogram every two years. Women 50+, it's every year. Marina Latiff, a registered nurse working at the Bam-

berg Health Clinic is available to help you schedule your mammogram. If you had a mammogram with a German provider please contact Nurse Latiff at 469-9177 so a copy can be added to the clinics medical records. Women at increased risk for breast cancer (a family history, genetic tendency, or past breast cancer) should talk with their doctors about the benefits and limitations of starting mammography screening earlier, having additional tests or having

more frequent exams. Make the Promise to Put Your Health at the Top of that long "To Do" List. For more information about NBCAM, please visit www.nbcam.org.

Entertainment & Leisure

Sun. Oct 15—Brunch at the Warner Club

Dreaming of a Denny's Grand Slam or IHOP Country Griddle Cakes? Look no further! The Warner Club offers a brunch buffet the first and third Sunday of every month from 10 a.m. to 2 p.m. The all-you-can-eat buffet is \$7.50 per adult and \$4.50 for children under 12 or \$22 for families (2 adults, 2 children) Buffet includes coffee, tea, variety of juices, milk, cereal, fruit, scrambled eggs, fresh omelettes made to order, waffles, pancakes, sausages, bacon, hash browns, biscuits and creamed beef, toast and croissants. Reservations are recommended. The next brunch will be Sun. Oct 15! Call the Warner Club at 0951-300-7596.

Wed. Oct 25

Birchview Bowling Center Grand Opening

The wait is finally over! The newly renovated Birchview Bowling Center re-opens on Wed. Oct 25 at 11 a.m. . Stop by and check out the remodeled front desk, bowling area, modernized restrooms and restaurant menu! Jay Cooper, the new facility manager and staff are ready to help make your entertainment and dining experience special!

Fri. Oct 27— Submarine Sandwich Day at the CAC

Pick up a Free Submarine Sandwich compliments of the CAC on Friday, Oct. 27 from 11:30 to 2 p.m. (while supplies last). Call 0951-300-8659 for details.

Stable Theater presents the Musical Annie

Performances of the hit Musical Annie will run at the Bam-



berg Stable Theater November 9 – 12 & 16 – 19. All performances start at 7:30 p.m. except Sundays which will run at 5:30 p.m. Tickets are \$9 for Adults, \$7 for Stu-

dents and E4 and below or a family ticket for \$25. Group rates are also available. Please call the Stable Theater at 469-8647 or 0951-300-8647 for reservations or more information.

Trips & Travel Opportunities

Go Trippin' with the CAC this Fall

Bamberg Community Activity Center offers the following trips in the month of October.

Vienna Sightseeing

Sat. October 21

\$75 per person

Walking Tour of Bamberg

Tue. October 24 FREE! Starts at 9:30 a.m.

Taxenbach Skiing Overnight

Sat. October 28 \$115 per person

Includes transportation and hotel

Sign up and find out more about trips from Bamberg CAC at 469-8659 or 0951-300-8659.

The Vilseck / Grafenwoehr German – American Ski & Snowboard Club Trip Schedule

Take advantage of the great ski trips planned over the 4-day American holidays including:

Veteran's Day Weekend Nov. 9 – 12

Zell am See / Kaprun

Thanksgiving Ski Trip Nov 22 -26 in Stubai

MLK Weekend Jan. 12 -15, 2007 in Flachau President's Day Feb. 16-19, 2007 Austria

The ski season ends with an End of year trip to April to Ischgl. Trips include bus ride with sandwiches and drink, room w/ breakfast & lift pass. For more information contact grafskiclub@hotmail.com

Ski & Snowboard Rentals Available

The Ski and Snowboard season is just around the corner. Your Community Activity Center has everything you need to head to the slopes. Ski, snowboard, and ski clothes rental. Planning a trip for your unit? Ask the CAC staff for details. Don't wait for it to snow in Bamberg!

Bamberg Commissary News

Turkey time is coming

Need a refresher course in taming the tasty turkey for Thanksgiving Day? Watch for Turkey 101 in Connection and R&R magazines coming soon. Check out the Kay's Kitchen page on www.commissaries.com, too, and you'll be testing and tasting just like the pros!



Commissary Customers Save 30% or More* Regular shopping at a commissary can add up to significant annual savings!

Single	\$978.86
Married Couple	\$1,794.67
Married with 1 Child	\$2,204.67
Married with 2 Children	\$2,822.55

*Annual savings derived from cost-of-food figures from the U.S. Department of Agriculture Center for Nutrition Policy and Promotion and figures from DeCA's price comparison study, which compares commissary prices with those of local supermarkets, major grocery store chains and super centers.

AAFES Movie Schedule



AAFES Reeltime Theater is CLOSED Tuesdays and Wednesdays.

Fri.	Oct. 13	Talladega Nights: The Ballad of	
		Ricky Bobby (PG-13)	7 p.m.
Sat.	Oct. 14	4 Open Season (PG)	
		Talladega Nights: The Ballad of	
		Ricky Bobby (PG-13)	7 p.m.
Sun.	Oct. 15	Open Season (PG)	4 p.m.
		Zoom (PG)	7 p.m.
Mon.	Oct. 16	Open Season (PG)	7 p.m.
Thur.	Oct. 19	Zoom (PG)	7 p.m.
Fri.	Oct. 20	The Marine (PG-13)	7 p.m.
Sat.	Oct. 21	Step Up (PG-13)	4 p.m.
		The Marine (PG-13)	7 p.m.
Sun.	Oct. 22	Step Up (PG-13)	4 p.m.
		The Descent (R)	7 p.m
Mon.	Oct. 23	Snakes on a Plane (R)	7 p.m.
Thur.	Oct. 26	The Descent (R)	7 p.m.
Fri.	Oct. 27	The Departed	7 p.m.
Sat.	Oct. 28	ct. 28 How to Eat Fried Worms (PG)	
		The Departed (R)	7 p.m.
Sun.	Oct. 29	How to Eat Fried Worms (PG)	4 p.m.
		Accepted (PG-13)	7 p.m
Mon.	Oct. 30	Beerfest (R)	7 p.m.
Thur.	Nov. 02	Accepted (PG-13)	7 p.m.
Fri.	Nov. 03	Flags of Our Fathers	7 p.m.
Sat.	Nov. 04	Material Girls (PG)	4 p.m.
		Flags of Our Fathers (R)	7 p.m.
Sun.	Nov. 05	Material Girls (PG)	4 p.m.
		Cross Over (PG-13)	7 p.m
Mon.	Nov. 06	World Trade Center (PG-13)	7 p.m.

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